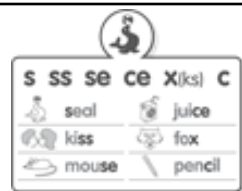




Teaching and Learning Activities – Stage 1

2021 Term 3 Week 4 Please complete all activities in your homework book or a workbook you have at home.

	Monday	Tuesday	Wednesday	Thursday	Friday
Task	Have a go at making your bed.	Can you help make your lunch today?	Can you unload the dishwasher or help to wash up?	Could you practise tying your shoelaces?	Are you able to help hang out the washing?
Morning	<p>English Practise your Magic Words if you have any. Please email the school if you need the next level sent to you.</p> <p>Spelling Sound Waves kids online Year 1: sit375 Year 2: stone880</p> <p>Unit 22, this week's sound -s ss se ce x(ks) Chant: Seals swim, seals slide</p> <p>You can listen to the sound of the week by clicking on "sound info kit" at the top of the Unit 22 page from Sound Waves online.</p>	<p>English Practise your Magic Words if you have any.</p> <p>Spelling Practise reading your list words.</p> <p>Year 1: Focus - adding s or es. When there is more than one of something, it is called a plural. We add s or es to show more than one. If a word ends in -s, -sh, -ch, -x, or -z, you add es. For almost all other nouns, add s to show a plural.</p> <p>Use this rule to help you make these words plural:</p>	<p>English Practise your Magic Words if you have any.</p> <p>Spelling Year 1: Brainstorm some words that end with 's', 'ss', 'x' and 'c'. See if you can think of at least 3 words for each. Write them in your book under the 4 different headings.</p> <p>Complete activity 5 of the 's' page Sound Waves book.</p> <p>Year 2: Revise the rule when adding ed and ing to a word. In your books, complete the following table. Remember to add ed to a word ending in e, we usually just add 'd'. To</p>	<p>English Practise your Magic Words if you have any.</p> <p>Spelling Complete weekly segmenting of your spelling words using either the Sound Waves website or the attached worksheet.</p> <p>Play a spelling game on Sound Waves kids.</p> <p>Reading Watch and listen to the following story online: https://youtu.be/T8RA7-yktMO</p> <p>Write a summary of The Rainbow Serpent. Identify</p>	<p>English Practise your Magic Words if you have any.</p> <p>Spelling Year 1: Complete activity 6. Complete the match picture to word cut and paste activity.</p> <p>Year 2: Finish activity 8. Complete the 'match letter to finish sound' cut and paste activity.</p> <p>Look, cover, write, check your list of words. Tick the ones you got correct and rewrite the ones you didn't.</p>



Extension

Brainstorm at least 10 words containing the 's' sound. Write the words in your book and choose 3 of them to draw.

Read your spelling list words for the week.

Year 1: Complete activity 1 & 2 Sound Waves book.

Year 2: Complete activities 1 to 4 Sound Waves book

Reading/Writing

Read the Procedure 'How to Make Pancakes' provided.

Answer the comprehension questions below.

Extension: Write a diary entry about making pancakes. Who was involved? What happened? Recount the events in the

miss	skip
skate	push
sleep	sing
apple	house
fox	fizz

Complete activities 3 and 4 's' page Sound Waves book.

Year 2: Focus - alphabetical order.

Choose 6 list words and write them in alphabetical order.

Complete activity 6 page Sound Waves book.

Focus - compound words (two separate words joined together to make a new word eg: sunscreen) Brainstorm 5 different compound words, using words from your spelling list.

Complete activity 7 on your Sound Waves page.

Reading

Read a fiction book on Wushka or a book you have at home.

add 'ing' to a word ending in e, we take away the 'e' before adding ing eg: hope - hoped - hoping

	ed	ing
ice		
race		

Complete Sound Waves activity 5 on your Soundwaves page.

Play one of the spelling games in Sound Waves kids.

Reading

Read the fact sheet "Famous Indigenous Australians - Cathy Freeman" provided.

After reading the fact sheet answer the following questions in full sentences in your workbook:

- 1.What is the fact sheet about?
- 2.Why is Cathy Freeman a famous Indigenous Australian?
- 3.List 5 different facts about Cathy Freeman.

the beginning, the middle and the end of the text. Write 2-3 sentences about each part using your own words. Or you can video yourself giving an oral retell.

Upload a copy of your sentences or video to **Google Classroom**.

If you cannot access the link above, choose a story of your own choice from Wushka or a book you have at home.

Writing

In every Olympic Games, new sports are added. In the Tokyo Olympics the new sports added are: *karate, skateboarding, surfing and sport climbing*.

Think about a sport that is not included in the Olympic games, but should be.

Write a paragraph explaining what your choice of sport would be. Don't forget to add why you think this would be an amazing Olympic sport.

Reading

Watch and listen to a story of your own choice from Storyline online.

<https://storylineonline.net/>

Would you recommend your classmates read the book? Why or why not? Give the book a rating out of 10. Type some sentences as a response into the **Google Classroom** thread.

If you cannot access the link above, choose a story of your own choice from Wushka or a book you have at home.


Writing

Athletes wear a variety of different uniforms while they are competing at the Olympics to help them perform at the very best level.

Your writing task today is to design a new shoe or outfit for the Olympic Team.

Use the Templates provided in the pack.

	<p>diary template provided and draw an illustration.</p> <p><u>Grammar - Adjectives</u></p> <p>An adjective is a word which describes a noun.</p> <p>Using the adjective image below, write at least 8 adjectives you can think of to describe the bird.</p> <p>Write a descriptive paragraph using the adjectives you brainstormed. Underline the adjectives.</p>	<p>After you have read the book, think about the characters in the book and the role that they play. Using the templates below, create your own character to be in the text. Think about the role they can play in the story and how they can add to the story. Complete the first page of the 'Design a Character' template provided.</p> <p>Extension: Complete the second page of the Design a Character template, thinking about what the character likes, dislikes, skills, traits and what would the character do in the story.</p> <p><u>Handwriting</u></p> <p>We are focusing on writing the letter Kk this week. Complete the handwriting sheet below.</p> <p>Upload a copy of your handwriting page to Google Classroom.</p>	<p>Extension: Answer the comprehension questions provided.</p> <p><u>Writing</u></p> <p>Using the Olympics Writing Activity below, write a sentence about each image. Remember to use adjectives to make your sentence more interesting.</p> <p>Upload a copy of your sentences to Google Classroom.</p> <p>Extension: Write a sizzling start using one of the images provided. Think about what the athlete may be feeling, smelling, tasting, hearing or seeing.</p>		<p>Don't forget to label your drawings.</p> <p>Write some sentences supporting your reasons why you have decided on your particular choices.</p>
Break	Break	Break	Break	Break	Break

<p>Middle</p>	<p>Mathematics Play Addition Wars from Clever Pickle. https://www.youtube.com/watch?v=kN0GfPf6OVY</p> <p>If you do not have access to a computer, follow these instructions on how to play. Using a set of uno cards or an ordinary pack, remove all the instructional or picture cards, to leave you with only the number cards. Divide the number cards into two piles. Taking turns, take a card from each pile and place it on your forehead without looking at the card. Your partner needs to tell you the total of the two cards, when added together. Your job is to work out what two numbers you have to get the total. Repeat the activity taking turns as you go.</p> <p>Practise skip counting by 2s forwards and backwards. <i>Year 1: start at 66</i> <i>Year 2: start at 166</i></p> <p><i>Problem of the Day</i> <i>Year 1: If I had two pyramids, how many flat surfaces would I have altogether?</i> <i>Year 2: If I had 3 pyramids, 1 rectangular prism, 1 sphere</i></p>	<p>Mathematics Play Flip and Hide from Clever Pickle. https://www.youtube.com/watch?v=HSIs0QMrd_c</p> <p>If you do not have access to a computer, follow these instructions on how to play. Using a set of playing cards, remove the Kings, Queens and Jacks. Your partner holds cards up for you to see, then flips them around to hide them. You need to quickly read the cards before they are turned around and say the total. Once the deck is finished, change over with your partner and go again.</p> <p>Extension: Work with 3 cards or add the king, queen and jack back in, with them having a value of 11, 12 and 13.</p> <p>Practise skip counting by 5s forwards and backwards. <i>Year 1: start at 30</i> <i>Year 2: start at 130</i></p> <p><i>Problem of the Day</i> <i>Year 1: If you had 12 glass bottles and 3 of them smashed, how many of them would you have left?</i></p>	<p>Mathematics Brainy Cards from Clever Pickle. https://www.youtube.com/watch?v=YJ0X2RbBHHY&t=269s</p> <p>If you do not have access to a computer, follow these instructions on how to play. Using a set of uno or playing cards, place 5 cards down in front of you so you can see them. With the magic number being 10, you need to work out how many more you need to make 10. Once you have completed, to 10, you can change the magic number to 20, keeping the same cards down. Once finished, remove the 5 cards and place down another 5 before starting again.</p>  <p>Extension: Use a higher number of choice eg: 50, 110, 205</p>	<p>Mathematics Play your favourite game from the Clever Pickle options this week to practice your skills. Teach your parents/siblings the game without using the YouTube clip.</p> <p>Practise skip counting forwards and backwards. <i>Year 1: 5s - start at 65</i> <i>Year 2: 3s - start at 21</i></p> <p><i>Problem of the Day</i> <i>Year 1: I am an object with one curved surface and two flat surfaces. What am I?</i> <i>Year 2: If I glued two rectangular pyramids together by their rectangle face, how many vertices would the object have?</i></p> <p>3D objects are made from different 2D shapes joined together. When we open the object out, we call this the net of a solid. Find an everyday 3D object such as a box, die or tin can. What 2D shapes can you see? What do you think it would look like if you opened it out and laid it flat? Draw what you think</p>	<p>Mathematics Play your favourite game from the Clever Pickle options this week to practice your skills.</p> <p>Video yourself playing the game and upload it to Google Classroom (optional) for your teacher to see.</p> <p>Practise skip counting forwards and backwards. <i>Year 1: 2s - start at 18</i> <i>Year 2: 4s - start at 16</i></p> <p><i>Problem of the Day</i> <i>Year 1: If I had two rectangular prisms, how many rectangles would I see?</i> <i>Year 2: If I have two square pyramids how many faces altogether?</i></p> <p>Wanted Poster Complete the 3D object poster in your pack. Give clues to find the missing object.</p> <p>Using resources around the house, make the shape in your Wanted Poster.</p>
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<p>and one cylinder, how many faces would I have altogether?</p> <p>Three dimensional objects are all around us. Watch the following clip to find out some solid objects that might be in your house or classroom.</p> <p>https://www.youtube.com/watch?v=IWff44Jm1z0&t=5s</p> <p>Complete the 3D object colour by object sheet in your workbook. You can find the names of each object in the 3D object helper.</p> <p>Pick your favourite 3D object. Can you describe it? Go on a hunt and look for as many of these objects in your house that you can find. How many did you find? Can you write down or draw some of these items in your book.</p> <p>Log on to Mathletics https://login.mathletics.com/ Complete 2-3 tasks that your teacher has set.</p>	<p>Year 2: If you count 67 rabbits in a field and 52 of them hop away, how many rabbits would be left?</p> <p>Watch the following clip to see the features of everyday objects. It talks about faces, edges and corners (vertices).</p> <p>https://www.youtube.com/watch?v=3-QwWFkz5hw&t=18s</p> <p>Complete the 3D Objects Properties Visual Aids sheet in your workbook.</p> <p>Find some everyday objects that stack. You might find some rectangular prisms and cylinders in your pantry, bedroom or classroom. Take a photo of your tower and write:</p> <p>What objects have you used in your tower? How many edges can you see? How many vertices? How many faces? Any other interesting features.</p> <p>Make sure you put everything back where you found them!</p>	<p>Practise skip counting by 10s forwards and backwards. Year 1: start at 27 Year 2: start at 88</p> <p><i>Problem of the Day</i> Year 1: In an Olympic basketball game, Australia scored 8 points more than Italy. What could the scores be for Australia and Italy?</p> <p>Year 2: Australian skateboarding Olympian Hayley Wilson scored 32 points more than her competitor. What could the score be for Hayley and her competitor? Can you come up with at least 3 different answers?</p> <p>Did you know that the use of the Olympic Torch is a tradition that has existed for over two thousand years? It is a long vessel that is used to carry a flame that never goes out.</p> <p>It represents the spirit of the Olympic games and plays an important role in the lead up to the opening ceremony.</p> <p>Each host nation creates their own unique torch</p>	<p>it would look like. If you can, open the object out. Were you correct?</p> <p>Create your own 3D object aliens using the 3D Object Alien Nets. You will need scissors and glue. Cut around the outside of the net. Fold along the lines carefully and glue the tabs to create a 3D object. Before you begin, predict which 3D object you think you will make. Can you draw what you think it will look like? When you have finished, count how many edges, vertices and faces each animal object has.</p> <p>Extension: Can you make your own net and fold it into an everyday 3D object?</p> <p>Log on to Mathletics https://login.mathletics.com/ Complete 2-3 tasks that your teacher has set.</p>	<p>Self reflection: What have you enjoyed in the maths activities this week? What activities have you found challenging? Do you have any questions about your learning this week?</p> <p>Write the answers in your book.</p> <p>Log on to Mathletics https://login.mathletics.com/ Complete 2-3 tasks that your teacher has set.</p>
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Extension: Describe your tower to someone by only using the features of each object and see if they can build it correctly without you saying the object's name.

Log on to Mathletics
<https://login.mathletics.com/>
Complete 2-3 tasks that your teacher has set.

design. Use the Olympic Torch template to design your own unique Olympic Torch. Can you guess which 3D object will this make? You might like to include things that are important to Australia, such as traditional Aboriginal symbols or important places like the Sydney Opera House in your design. What 3D object did you make?

Log on to Mathletics
<https://login.mathletics.com/>
Complete 2-3 tasks that your teacher has set.

Break	Break	Break	Break	Break	Break
Afternoon	<p>PE</p> <p><i>Please encourage your child to undertake 1hr of physical activity a day. A list of online resources that are available to get you moving through the day are listed at the end of the grid.</i></p> <p>You might like to complete the activity log attached to keep track of your daily exercise.</p> <p>PDH</p> <p>Road safety isn't just about being safe around cars, but in cars also. Think about:</p> <ul style="list-style-type: none"> - Why is it important to sit in a car seat or booster seat? - Why can't you use the seatbelt like a grown-up? - Why do you think a grown-up should always check that you're buckled up properly? <p>You might like to discuss this with your family.</p> <p>Make a list of at least 5 things you can do to keep yourself safe near the road or in a car. Using some of the safety rules you thought of, create</p>	<p>Science - Energy Sorting</p> <p>Energy is the ability to do work or to make things change and move in some way. It's everywhere around us and takes all sorts of forms. It takes energy to cook food, to drive to school, and to jump in the air.</p> <p>Some forms of energy are:</p> <ol style="list-style-type: none"> 1. Sound 2. Light 3. Heat <p>Sound energy helps us hear. Light energy helps us see. Heat energy makes things warm.</p> <p>Cut and paste the pictures into the correct energy column in the energy table.</p> <p>Go on an energy hunt around your house and draw 1 or 2 things you find for each type of energy. You may like to use the flip book with your drawings.</p>	<p>Olympic Games</p> <p>Select one of the Movement Cards below and have a go.</p> <p>Video your attempt and upload it to Google Classroom (optional)</p> <p>Optional: STEM: Build an Olympic Mascot. Using the instructions below, design your own Olympic Mascot which reflects the spirit of the Olympic Games. You may wish to construct your mascot once you have designed it.</p> <p>Make sure you take some time out to watch some Olympic events today.</p>	<p>Geography</p> <p>Many Australian place names come from the language of the Aboriginal People..</p> <p>Complete the 'How do places get their names?' worksheets below.</p> <p>Think of a place that you know very well. This may be a place you have been to. List the natural features, plants and special features of that place in the table provided. Using the words you wrote down, write a descriptive long name for your place.</p> <p>Aboriginal Education</p> <p>Listen to the following story "How the Bird Lost their Colours" on YouTube: https://www.youtube.com/watch?v=pu-HG9yuU4Q and complete the worksheet below.</p>	<p>Creative Arts - Drama</p> <p>One form of dramatic performance is mime. It is acting, without words, using only gesture, expression, and movement</p> <p>Watch the following video about Sarah the mime.</p> <p>https://youtu.be/U7d5rZ944Vs</p> <p>Have a go yourself! Play a game of charades with your family. You might like to act out your favourite animal, movie, sport or person. See who is the fastest to guess your word (Remember to be silent!)</p>

	<p>a road safety poster or video to teach others about staying safe.</p> <p>Upload a copy of your work to Google Classroom.</p> <p>Optional: Watch the eBook “Jeffery” on Safety Town website. https://www.safetytown.com.au/town/student/stage-1/#map</p> <p>Think about what the family did to be safe.</p>				
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Some other interesting sites you might like to look at throughout the week (just for fun):

Taronga TV - listen to keeper talks and view live cams from the zoo <https://taronga.org.au/taronga-tv#animalantics>

ABC Education - <https://www.abc.net.au/tveducation/programs/primary/>

NSW Education Livestream - various topics at 10am daily -
<https://education.nsw.gov.au/teaching-and-learning/learning-from-home/learning-at-home>

Some useful links for indoor physical activity each day

PE with Joe: Every weekday Joe will do a PE lesson that goes for 30 mins. Search YouTube for past day's lessons.

<https://youtu.be/-8o8wMgAT-Y>

Cosmic Yoga: Search Cosmic Yoga on YouTube and choose one to do. They range from 5 mins to 30 mins

<https://www.youtube.com/watch?v=R-BS87NTV5I>

Family Fun Cardio Work Out

<https://youtu.be/5if4cjQ5nxo>

Exercise for kids

<https://youtu.be/oc4QS2USKmk>

Home exercise for kids

<https://youtu.be/aHVR2FnTpdK>

Get Active@home

<https://education.nsw.gov.au/teaching-and-learning/learning-from-home/learning-at-home/activities-for-your-child/getactive-home>

GoNoodle

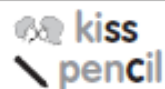
<https://family.gonoodle.com/>



Unit 22



s ss se x(ks) c





List Words

miss	skip	scar	cents
missed	skate	scarf	said
missing	sleep	fox	mouse
cross	sling	fix	house

Letters

Words

1 Underline the letter or letters for  **s ss se x(ks) c** in each List Word. If any of these are not in the sound box, write them with a word example in the box above.

2 Colour the ball if you hear  **s ss se x(ks) c** in the picture name. Count the sounds in each picture name. Write this number in the seal.



3 Write the letters that are in the baskets to finish the words.
Finish the sentences with these words.



mi__

cro__

I can draw a _____.



hou__

mou__

A _____ is under the desk.



__ents

mi__e

It costs ten _____.



4 Write the letters that are in the baskets to finish the words.
Write a word to match the clue.



fi____
fo____

This is an animal. _____



____ate
____ip

I jump with a rope. _____



____arf
____ar

It keeps you warm. _____



____eep
____ing

You do this at night. _____

5 Write s or ss in the words in the box. Finish the sentences with these words.

mi____

Sometimes I _____ the bus.

mi____es

Yesterday I _____ the bus.

mi____ed

Sam _____ that he _____

____aid

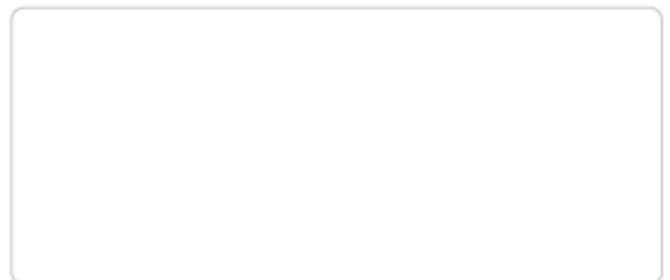
the bus every day.

6 Read the story. Underline the letters for  s ss se x(es) c. Draw the picture.

Sid is a mouse.

He likes to skip and skate with
his friend the fox.

He sleeps on a scarf.



Year 1 Worksheets

SLW21



miss

missed

missing

cross

skip

skate

sleep

sling

scar

scarf

fox

fix

cents

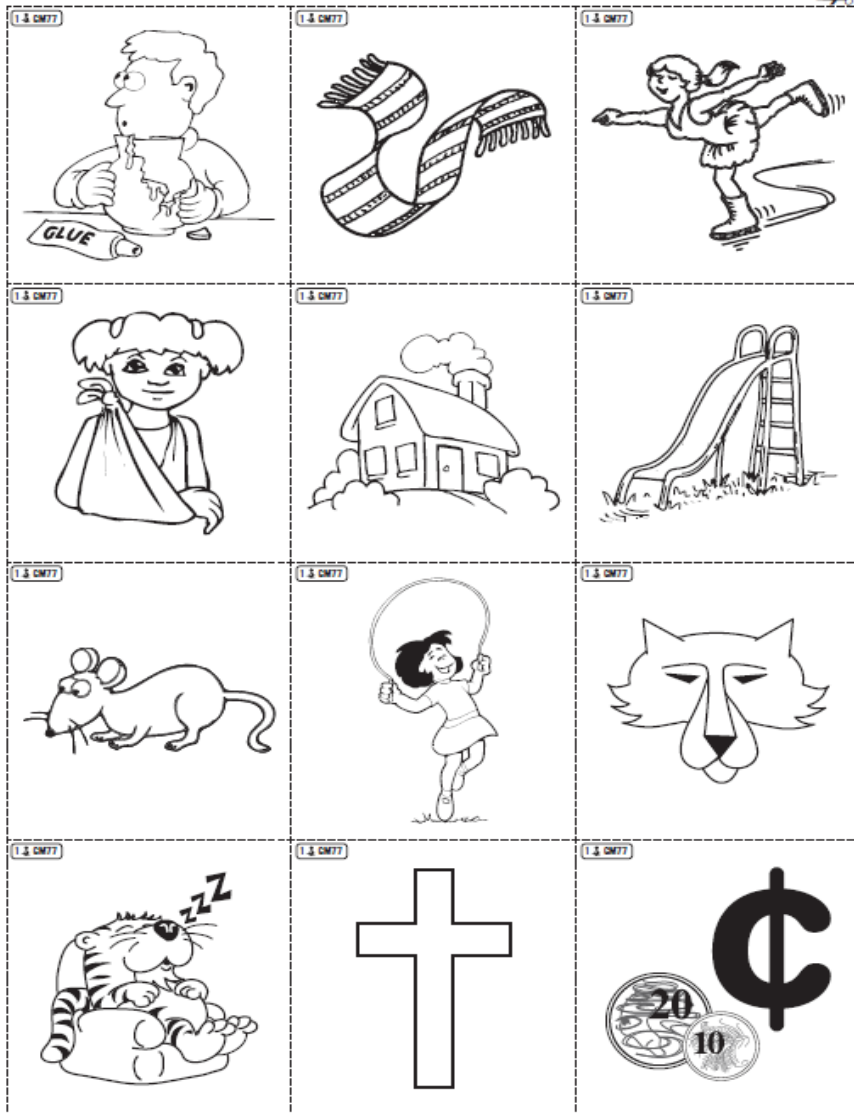
said

mouse

house

Year 1 Worksheets

BLM GM77 Match Up: Pictures to Words



Sound Waves 1 Black Line Masters © Barbara Murray and Terri Watson 2011 Firefly Education

ISBN 978 1 74135 149 1

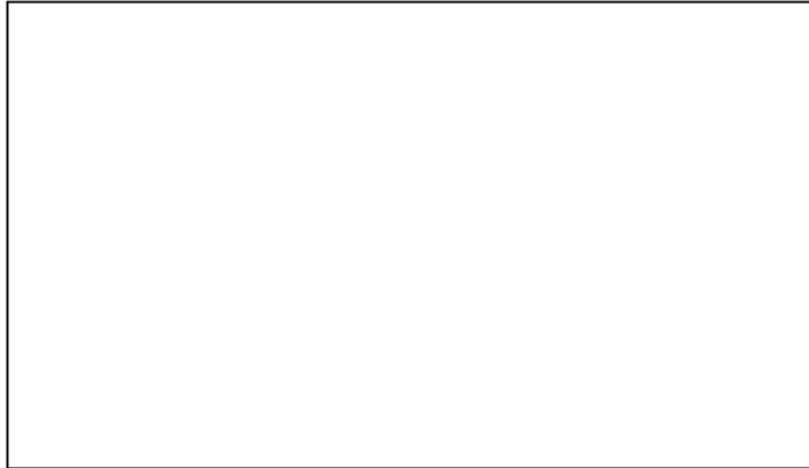
BLM GM78 Match Up: Pictures to Words



Sound Waves 1 Black Line Masters © Barbara Murray and Terri Watson 2011 Firefly Education

ISBN 978 1 74135 149 1

WANTED



It has _____ curved surfaces.

It has _____ flat surfaces.

It has _____ faces.

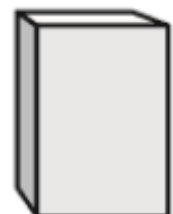
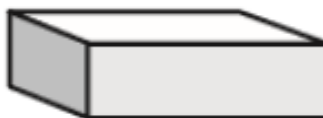
It has been missing for

_____.

Please contact _____ if found.

The REWARD is

_____.



Unit 22



s ss se ce x(ks) c

seal
juice

kiss
fox

mouse
pencil

List Words

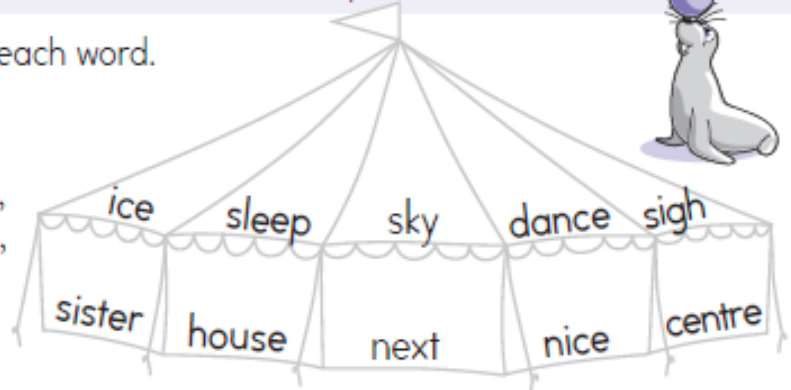
mass	horse	place	city
sky	house	dance	circle
just	next	once	circus
sleep	ice	cent	sometimes
sister	nice	centre	something

Letters Words

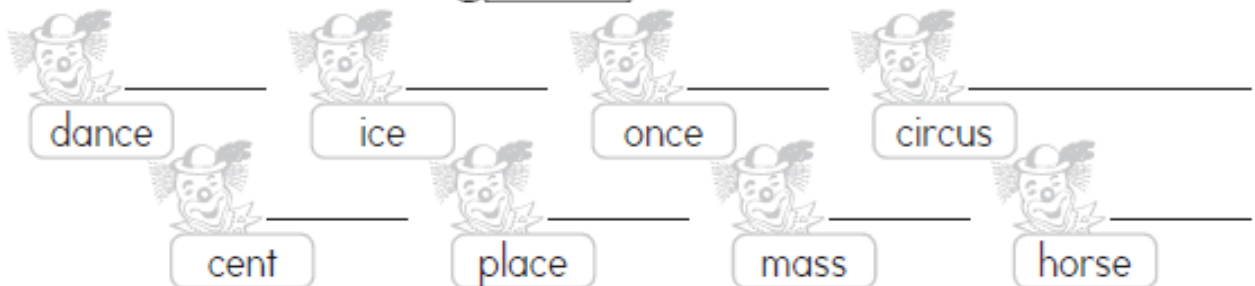
1 Underline the letter or letters for **s ss se ce x(ks) c** in each List Word. If any of these are not in the sound box, write them with a word example in the box above.

2 Count the sounds you hear in each word.

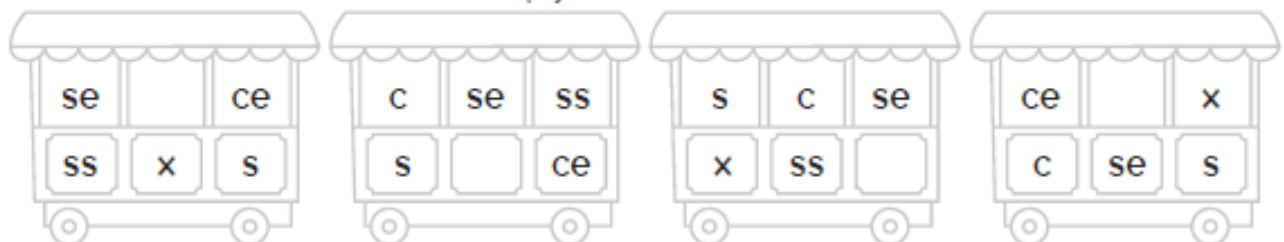
Colour the tent section –
blue for words with 2 sounds,
green for words with 3 sounds,
yellow for words with 4 sounds,
red for words with 5 sounds.



3 Write 1st, 2nd, 3rd, 4th or 5th on the lines to show where you hear **s ss se ce x(ks) c** in each word. ★ One word has **s ss se ce x(ks) c** twice.



4 Write the missing letter or letters from the sound box for **s ss se ce x(ks) c** in each circus truck. Write them in the empty boxes.



5 Finish each sentence by adding **ed** or **ing** to the word in the brackets.

Go to Helpful Hints **2a** and **2b**.

Sally, the clown, loves _____ (dance)

The juggler _____ rings around his neck. (place)

A crazy clown was _____ a cake upside down. (ice)

The acrobats _____ around the ring. (race)

Trapeze artists were _____ way up high. (swing)

One clown was _____ in the safety nets. (sleep)

6 Write these words in alphabetical order. The alphabet is here to help you.

a b c d e f g h i j k l m n o p q r s t u v w x y z

sometimes city fuss house place dance

1st _____ 2nd _____ 3rd _____

4th _____ 5th _____ 6th _____

7 Colour the first words **red** and the second words **green** to show the two words that have joined to make these compound words. Go to Helpful Hint **14**.

sometimes sleepwalk iceblock horseshoe centrepiece crossroad
something houseboat skylight somehow somewhere surfboard

8 Colour the part only if you hear **s ss se ce x(k) c** in the word.

Colour parts with –

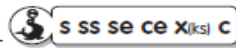
- s – red,
- ss – yellow,
- se – green,
- ce – purple,
- x(k)s – orange,
- c – pink.



rang	fizz	sky	fish	ring	buzz
write	right	once	city	rung	shop
dance	cent	mass	miss		
extra	next	house	horse	sister	just

Year 2 Worksheets

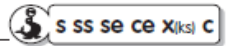
SLW21



mass										
sky										
just										
sleep										
sister										
horse										
house										
next										
ice										
nice										
place										
dance										
once										
cent										
centre										
city										
circle										
circus										
sometimes										
something										

Year 2 Segmenting – Thursday

SXW24



cancel										
central										
cereal										
certain										
circular										
course										
guess										
happiness										
ice-cream										
juice										
lesson										
passed										
pencil										
postal										
scared										
sense										
September										
serious										
since										
sound										

Year 2 Segmenting - Extension – Thursday

Year 2 Worksheets

BLM GM74

2.3 GM74 Match Up: Match Letters to Finish List Words

2.3 GM74 sk	2.3 GM74 ____y	2.3 GM74 ce	2.3 GM74 i____
2.3 GM74 sl	2.3 GM74 ____eep	2.3 GM74 ce	2.3 GM74 ni____
2.3 GM74 s	2.3 GM74 ____ister	2.3 GM74 st	2.3 GM74 ju____
2.3 GM74 n	2.3 GM74 ____ext	2.3 GM74 ss	2.3 GM74 ma____
2.3 GM74 s	2.3 GM74 ____ometimes	2.3 GM74 se	2.3 GM74 hor____
2.3 GM74 s	2.3 GM74 ____omething	2.3 GM74 se	2.3 GM74 hou____

BLM GM75

2.3 GM75 Match Up: Match Letters to Finish List Words

2.3 GM75 c	2.3 GM75 ____entre	2.3 GM75 ss	2.3 GM75 ma____
2.3 GM75 ty	2.3 GM75 ci____	2.3 GM75 se	2.3 GM75 hor____
2.3 GM75 c	2.3 GM75 ____ircus	2.3 GM75 ce	2.3 GM75 on____
2.3 GM75 nt	2.3 GM75 ce____	2.3 GM75 n	2.3 GM75 ____ice
2.3 GM75 c	2.3 GM75 ____ircle	2.3 GM75 ce	2.3 GM75 dan____
2.3 GM75 s	2.3 GM75 si____ter	2.3 GM75 ce	2.3 GM75 pla____

WANTED



It has _____ curved surfaces.

It has _____ flat surfaces.

It has _____ faces.

It has _____ edges.

It has _____ vertices.

It has been missing for

Please contact _____ if found.

The REWARD is

_____.

How To Make Pancakes

To make pancakes you need these ingredients:

1 cup of flour
1 cup of milk
1 egg
a little butter.

And this equipment:

mixing bowl
measuring jug
sifter
whisk
frypan
spatula

What to do:

First, sift the flour into the mixing bowl.

Add the egg. Crack it carefully!

Add the milk.

Now whisk the ingredients together. Keep whisking until the mixture looks creamy and smooth.

Melt the butter in the pan and pour in a little mixture. It will spread into a circle.

Let the pancake cook until you see bubbles then flip it over to cook the other side.

Now you are ready to cook another pancake. Keep going until you have a stack!

You can serve pancakes with fruit, cream, icecream and maple syrup... yum... enjoy!



Year 1 & 2 Worksheets

Answer these questions.

- 1) How much flour do you need to make pancakes? _____
- 2) How much milk do you need to make pancakes? _____
- 3) What does sifting do? _____
- 4) What does whisking do? _____
- 5) What is a spatula used for? _____
- 6) What do you do before you add the milk? _____
- 7) What do you do after you add the milk? _____
- 8) What happens when you pour mixture into the pan? _____
- 9) How do you know when to turn the pancake over? _____
- 10) List your three most favourite toppings for pancakes. Order your list with most favourite first.



- 1) _____
- 2) _____
- 3) _____

How many of these words can you find in the puzzle?

m	i	x	t	u	r	e	r	y	g	i
e	g	g	s	e	w	q	g	n	h	n
a	e	r	p	t	y	u	i	o	g	g
s	g	p	a	n	c	a	k	e	s	r
u	j	k	t	o	p	p	i	n	g	e
r	m	f	u	s	v	g	t	y	u	d
i	w	n	l	b	i	e	r	m	z	i
n	b	h	a	o	v	f	l	i	p	e
g	z	x	i	k	u	w	t	l	t	n
s	b	e	r	s	l	r	q	k	x	t
x	v	n	d	p	k	o	a	i	z	s

flip
milk
sift
eggs
flour
whisk
topping
mixture
spatula
pancakes
measuring
ingredients

Year 1 & 2 Worksheets

Date: _____

Dear Diary.

ADJECTIVES

What adjectives could you use to describe the picture?



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Write a descriptive paragraph to describe the bird, using the adjectives listed above.







3D Shapes Around You

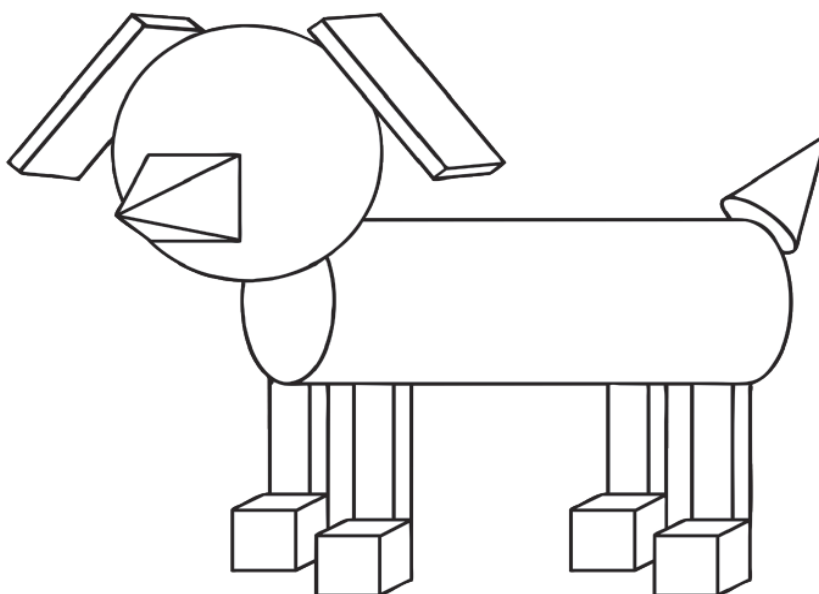
Name		We see...	What it looks like...
cube		<ul style="list-style-type: none"> • 6 flat surfaces • 12 edges • 8 corners • all edges are the same 	 ice cubes  cardboard box  blocks
rectangular prism		<ul style="list-style-type: none"> • 6 flat surfaces • 12 edges • 8 corners • not all edges are the same 	 suitcase  rubber  book
square-based pyramid		<ul style="list-style-type: none"> • 5 flat surfaces • 4 triangular faces • a sharp point • a square base 	 pyramid candle  Egyptian pyramids
sphere		<ul style="list-style-type: none"> • perfectly round • no edges • no corners 	 football  Earth  marbles
cylinder		<ul style="list-style-type: none"> • 2 flat surfaces • 1 curved surface • 2 curved edges 	 candle  marker pen  mug
cone		<ul style="list-style-type: none"> • 1 flat surfaces • 1 curved surface • a point 	 ice cream cone  traffic cone  party hat

twinkl visit [twinkl.com](https://www.twinkl.com)

3D Shape Colouring

Use the key to colour in the 3D shapes correctly.

Key		
Shape	Name	Colour
		blue
		yellow
		purple
		green
		orange
		red



GetActive@Home



Activity logbook

MONDAY

HOW DID YOU GET ACTIVE TODAY?

A large, empty, rounded rectangular box with a blue border, intended for writing the activity for Monday.

TUESDAY

HOW DID YOU GET ACTIVE TODAY?

A large, empty, rounded rectangular box with a blue border, intended for writing the activity for Tuesday.

WEDNESDAY

HOW DID YOU GET ACTIVE TODAY?

A large, empty, rounded rectangular box with a light blue border, intended for writing the activity for Wednesday.

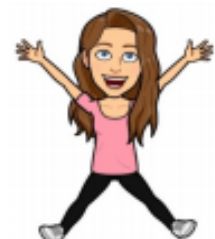
THURSDAY

HOW DID YOU GET ACTIVE TODAY?

A large, empty, rounded rectangular box with a red border, intended for writing the activity for Thursday.

FRIDAY

HOW DID YOU GET ACTIVE TODAY?

A large, empty, rounded rectangular box with a pink border, intended for writing the activity for Friday.

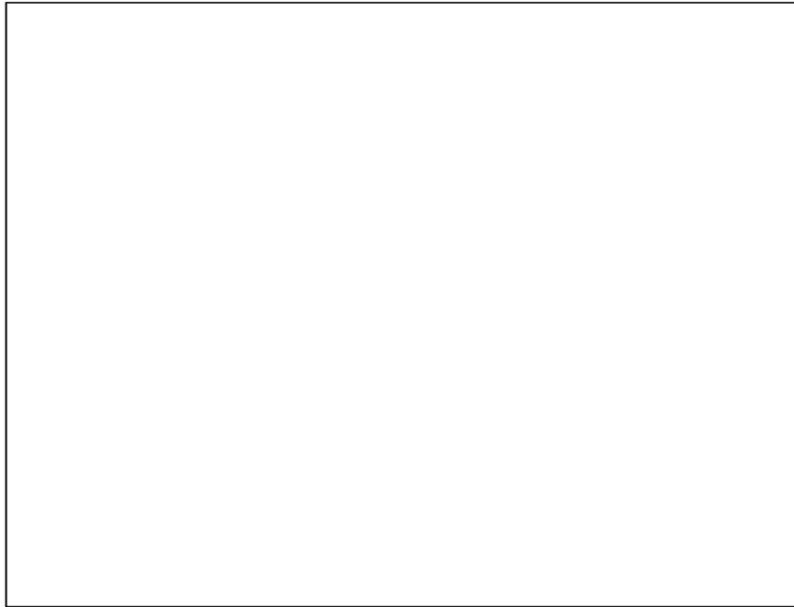
For ideas on how to GetActive visit:
<https://app.education.nsw.gov.au/sport/participation/getactive>



Education

Design a Character

Create your own character to be in the text.
Complete the profile to describe the character.



Name: _____

Age: _____

Height: _____

Eye Color: _____

Hair Color: _____

Design a Character

Likes: _____

Dislikes: _____

Skills/Talents: _____

Character Traits: _____

What would the character do in the story? _____







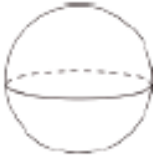


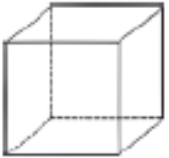
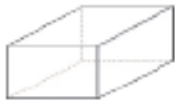

Tuesday 3rd August 2021

K K K K K K k k k k k k

K k K k K k K k kite week clock

Kenny the kangaroo kicked the ball to Kris.

3D Object Properties—Visual Aids

It looks like...	It looks like...	It looks like...	It looks like...	It looks like...	It looks like...
					
It has...	It has...	It has...	It has...	It has...	It has...
<input type="text"/> edges	<input type="text"/> edges	<input type="text"/> edges	<input type="text"/> edges	<input type="text"/> edges	<input type="text"/> edges
<input type="text"/> vertices	<input type="text"/> vertices	<input type="text"/> vertices	<input type="text"/> vertices	<input type="text"/> vertices	<input type="text"/> vertices
<input type="text"/> faces	<input type="text"/> faces	<input type="text"/> faces	<input type="text"/> faces	<input type="text"/> faces	<input type="text"/> faces
					
sphere	pyramid	cone	cube	rectangular prism	cylinder

twinkl.com

Name: _____











Date: _____

ENERGY SORT

Color and cut out the pictures at the bottom. Sort them into the correct column.

Sound Energy	Light Energy	Heat Energy



 bird	 coffee	 flashlight	 stove	 iron
 singing	 lightning	 whistle	 yelling	 fireflies

Forms of Energy	LIGHT
	HEAT
	SOUND <small>© Busy Me Plus Three</small>

glue here	

Year 1 & 2 Worksheets



Born:
Mackay, Queensland,
16th February 1973,
Birth Name:
Catherine Astrid Salome Freeman.

Who is Cathy Freeman?

A former professional sprinter, Cathy Freeman is one of Australia's sporting legends. She was the first female Indigenous Australian to compete for Australia at the Olympic Games.



Famous Indigenous Australians Cathy Freeman

Early Life

Cathy's father and his family lived in Worrabinda, where she would spend most Christmas holidays. Cathy was very athletic during her childhood and became 'hooked' on running after her first race at eight years old.

Cathy competed in her first state running championship competition after one of her primary school teachers, Mrs Bauldrey, fundraised the money for her to attend and also bought her a pair of running spikes (shoes with spiked soles for running on grass surfaces). Mrs Bauldrey's encouragement made Cathy think seriously about a future in athletics.



Cathy had a stepfather, Bruce Barber, who also thought she was talented and started coaching her. When Cathy was 14, she told her vocational office that her career goal was to win an Olympic medal.

In 1989, Cathy often felt out of place and homesick as there were few Aboriginal and Torres Strait Islander students. There were strict routines and rules and many wealthy, ambitious students. Cathy also received a scholarship to attend Korrablyn International School, where she was professionally coached for the first time.

Career

At 16, Cathy won her first gold medal for the 4x100 metre race at the 1990 Commonwealth Games, becoming the first Indigenous Australian to win a gold medal at the event. From here, Cathy's career

Medals and Awards

- 1990 Commonwealth Games, gold medal in 4 x 100m relay
- 1994 Commonwealth Games, gold medal in 200m and 400m
- 1996 Atlanta Olympic Games, silver medal in 400m
- 1997 World Championships in Athens, 1st in 400m
- 1998 Australian of the Year
- 2000 Australian Sports Medal
- 2000 Sydney Olympic Games, gold medal in 400m
- 2001 The Centenary Medal
- 2001 The Medal of the Order of Australia
- 2005 Sport Australia Hall of Fame



Famous Indigenous Australians Cathy Freeman

continued to succeed. In 1994, Cathy won gold for both the 200m and 400m race at the Commonwealth Games in Canada.

In 1996, Cathy had her first shot at the Olympics, winning the silver medal for the 400m race in Atlanta. She went on to win the same event at the 1997 World Championships in Athens.

In 2000, Cathy was given the honour of lighting the flame at the Opening Ceremony of the Sydney Olympic Games. Ten days later, Cathy went on to win the women's 400m race. During her victory lap, Cathy held both the Aboriginal and Australian National flags. This was not only a way of showing her pride in her Aboriginal cultural heritage but a symbol of reconciliation and unity. She was the first female Indigenous Australian to win gold in the individual event for Australia.

Service to the Community

Cathy went on to compete for another three years. In 2003, she announced her retirement and she continues to be an inspiration to all Australians, now giving up her time for a range of community services and charities. Cathy became an ambassador for the Australian Indigenous Education Foundation and Cottage by the Sea.

In 2007, Cathy founded the Cathy Freeman Foundation, helping Aboriginal and Torres Strait Islander children and their families realise their potential through education. She has also appeared in a couple of documentary series on Australian Television.

Cathy Freeman Questions



1. Where was Cathy born?

2. What is Cathy's birthdate?

3. How old is Cathy? (You will need to do some mathematics to work out the answer.)

4. How old was Cathy when she became 'hooked' on running?

5. Who was one of the first people to encourage Cathy to run?

6. When did Cathy win her first international competition?

7. What was the goal Cathy set when she was 14 years old?

8. Did Cathy realise her goal? Explain your answer.

Olympics Writing Activity

Write a sentence about each of the Olympic Games pictures.
Use the boxes at the top to help you.



swim



race



run



win



medal



sound it out



finger spaces



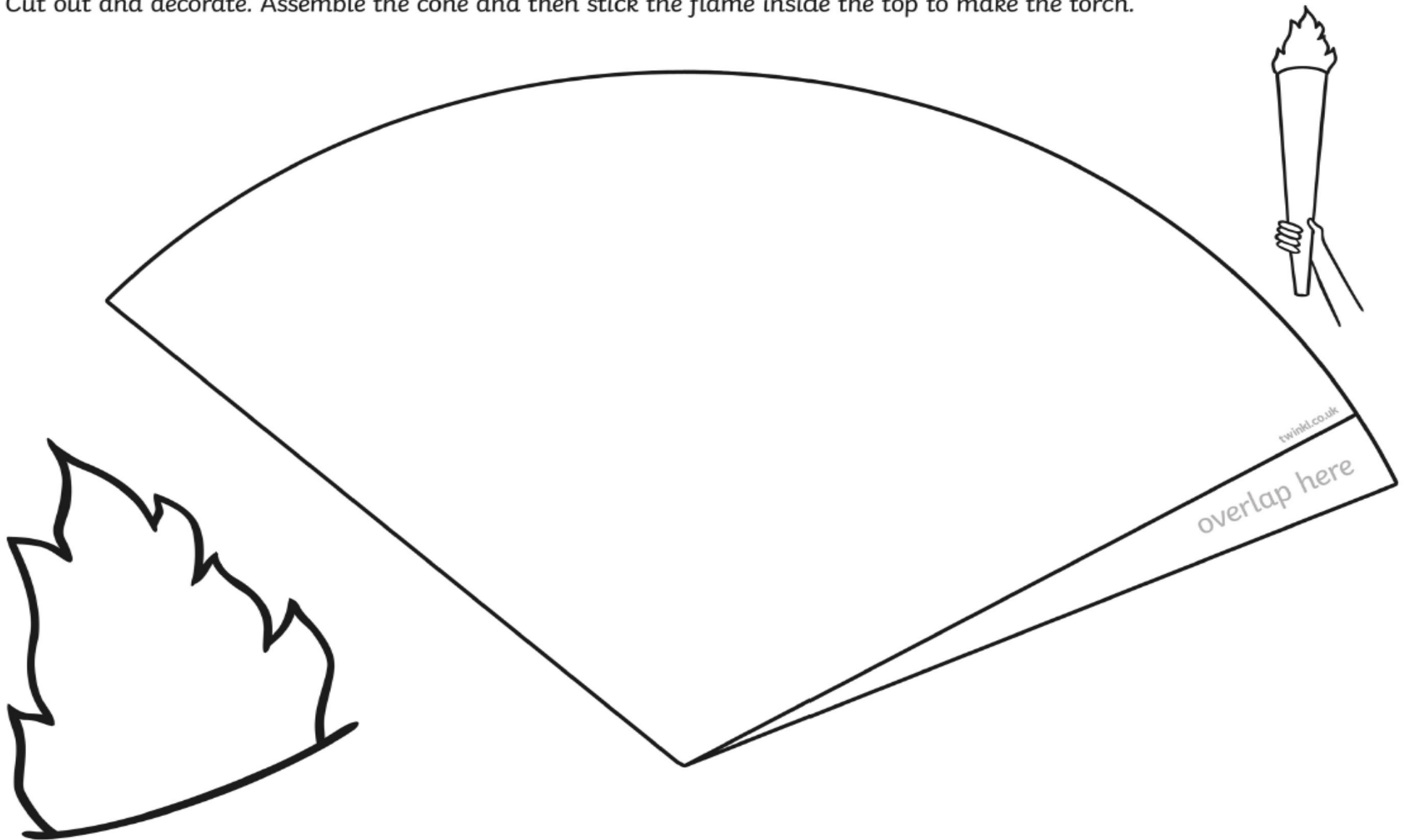
full stop





Year 1 & 2 Worksheets

Cut out and decorate. Assemble the cone and then stick the flame inside the top to make the torch.



Year 1 & 2 Worksheets



Olympic Games Movement Cards

Olympic Games Movement Cards

Basketball

Pretend you are dribbling a basketball across the court, then shoot a goal!



Olympic Games Movement Cards

Boxing

Shadow box for one minute! This means to punch the air up high, in the middle and down low.



Olympic Games Movement Cards

Race Walking

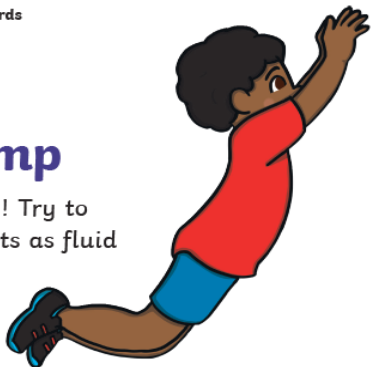
Walk around as fast as you can, but make sure that one foot is touching the ground at all times.



Olympic Games Movement Cards

Triple Jump

Hop, step and jump! Try to make the movements as fluid as possible.



Olympic Games Movement Cards

Javelin

Throw your pencil as far as you can. Make sure none of your peers are in the way!



Olympic Games Movement Cards

Weightlifting

Hold a stick over your head with two hands and do as many squats as you can. Bonus points for making it look really heavy!



Olympic Games Movement Cards

Gymnastics

Do a forward roll. Don't forget to stand up, lift your arms to the sky and wait for your applause at the end!

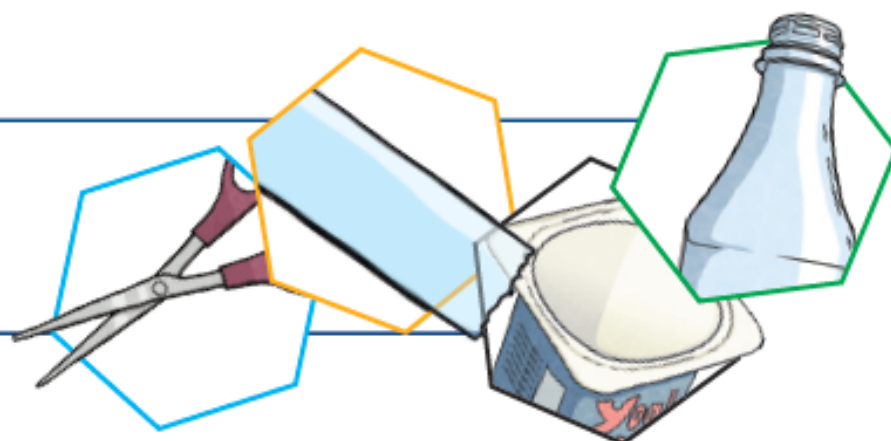


STEM: Build an Olympic Mascot

Learning Intention: We are learning to investigate the sustainability of materials for a range of purposes.

You Will Need:

- Recycling materials
- Scissors
- Tape

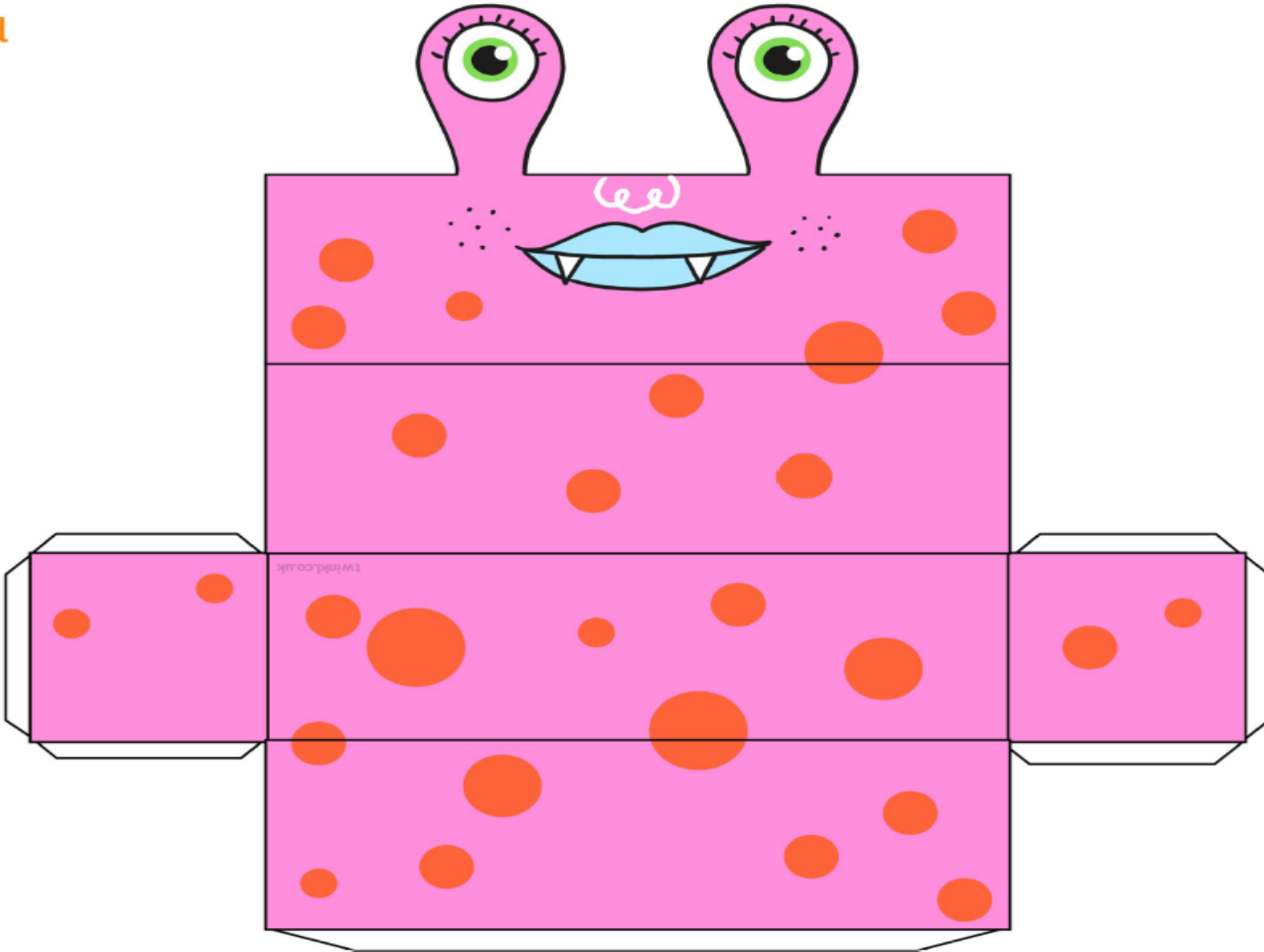


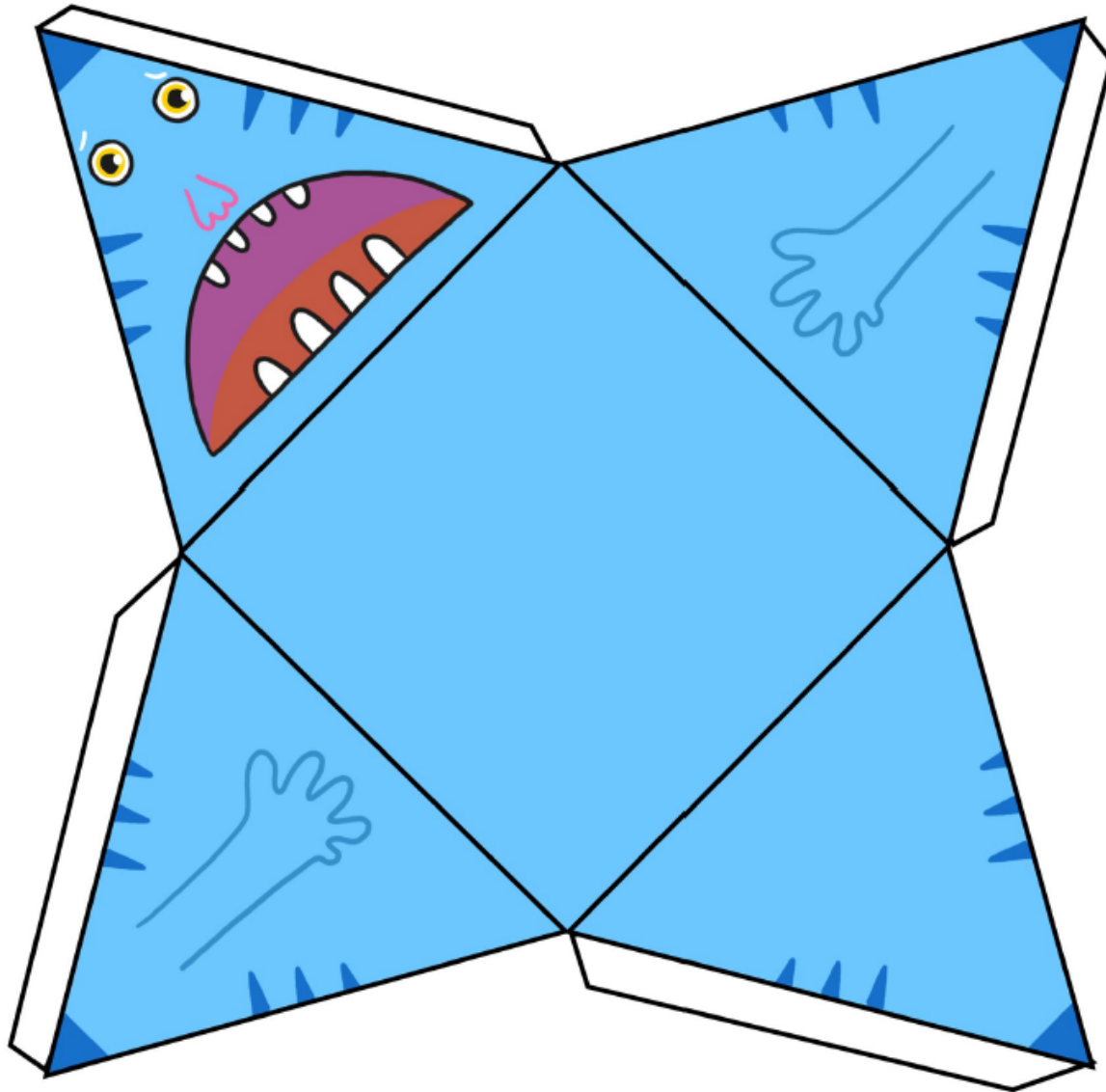
Instructions:

1. Design an Olympic Mascot that will embody the spirit of the Olympic Games.
2. Discuss and make a list of features. What will it look like, and what will it include?
3. In your team, draw a plan for your mascot and remember to label the equipment you would like to use.
4. Now for the fun! Select your tools and equipment and work to make a model of your mascot.

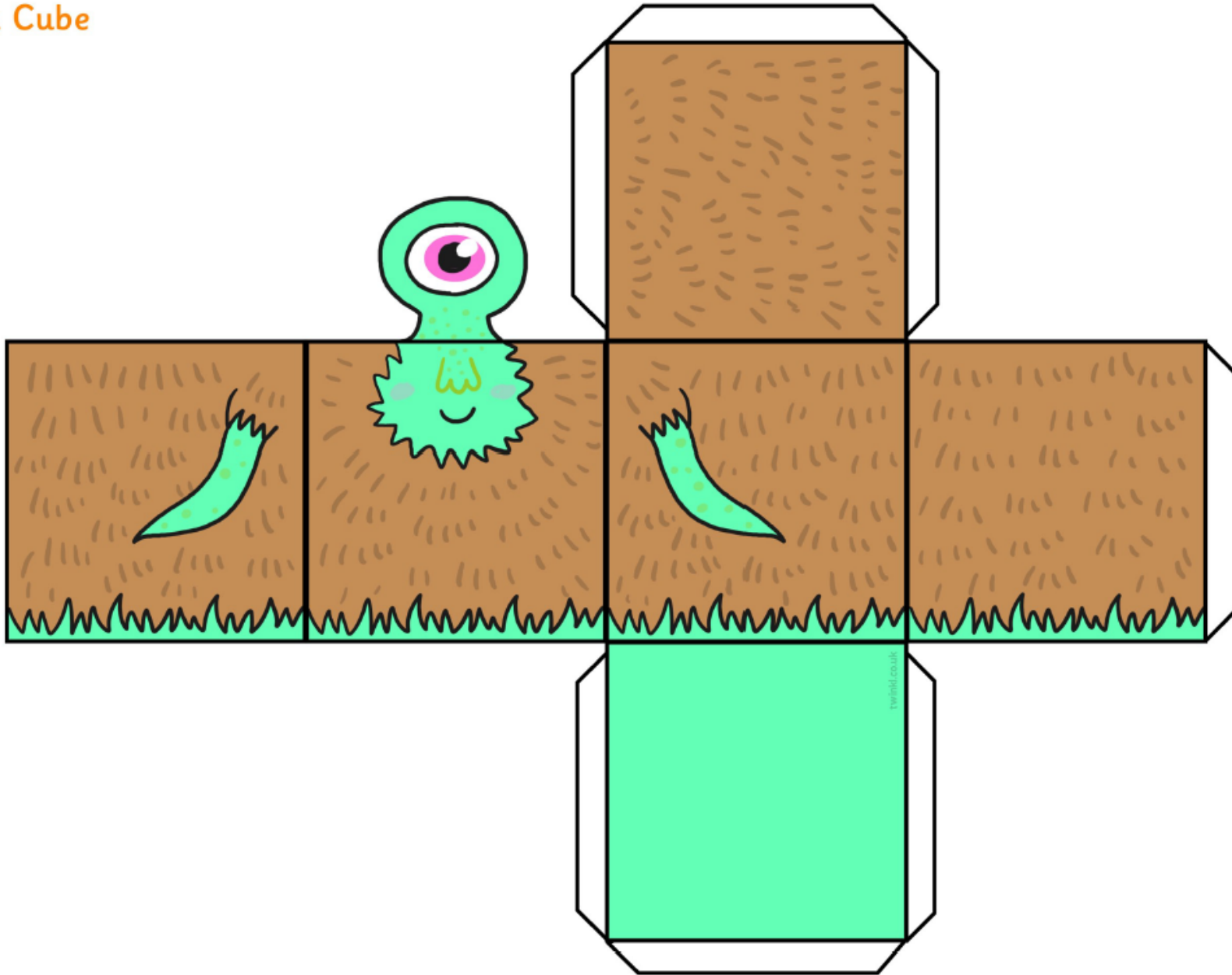


d





Cube



How do places get their names?

Many Australian place names come from the languages of the Aboriginal Peoples.



3 Match these places to the meaning of their name.



Place	Meaning	Picture
Canberra	meeting place (Ngunnawal)	
Parramatta	eel waters (Darug)	
Oodnadatta	Mulga blossom – a Mulga is a small tree which grows in the outback. (Arrernte)	
Dandenong	lofty mountains (Woiwurrung)	

Some places are named after famous people.

4 With a partner, match the town names to the portraits of the people. Justify your answers.



Bendigo (Victoria) – named after William Abednego, a famous boxer.

Elizabeth Town (Tasmania) – named after a queen.

Hervey Bay (Queensland) – named after Augustus John Hervey, a Royal Navy Officer.

Alice Springs (Northern Territory) – named after Alice, the wife of Sir Charles Todd.



Year 1 & 2 Worksheets

Think of a place that you know very well. List its features.

Natural features	Plants	Special features

Use these words to write a descriptive long name for your place.

How the Birds got their Colours.

Listen to the story 'How the Birds got their Colours' and complete the following activities.

1 Who is your favourite character from this story?

My favourite character is _____.

Draw a picture of this character and label physical characteristics using adjectives.
For example: red feathers.



2. Write a sentence telling why this character is your favourite.

3. How is this character similar and dissimilar (different) to you? Record answers in the table. The first one has been done for you.

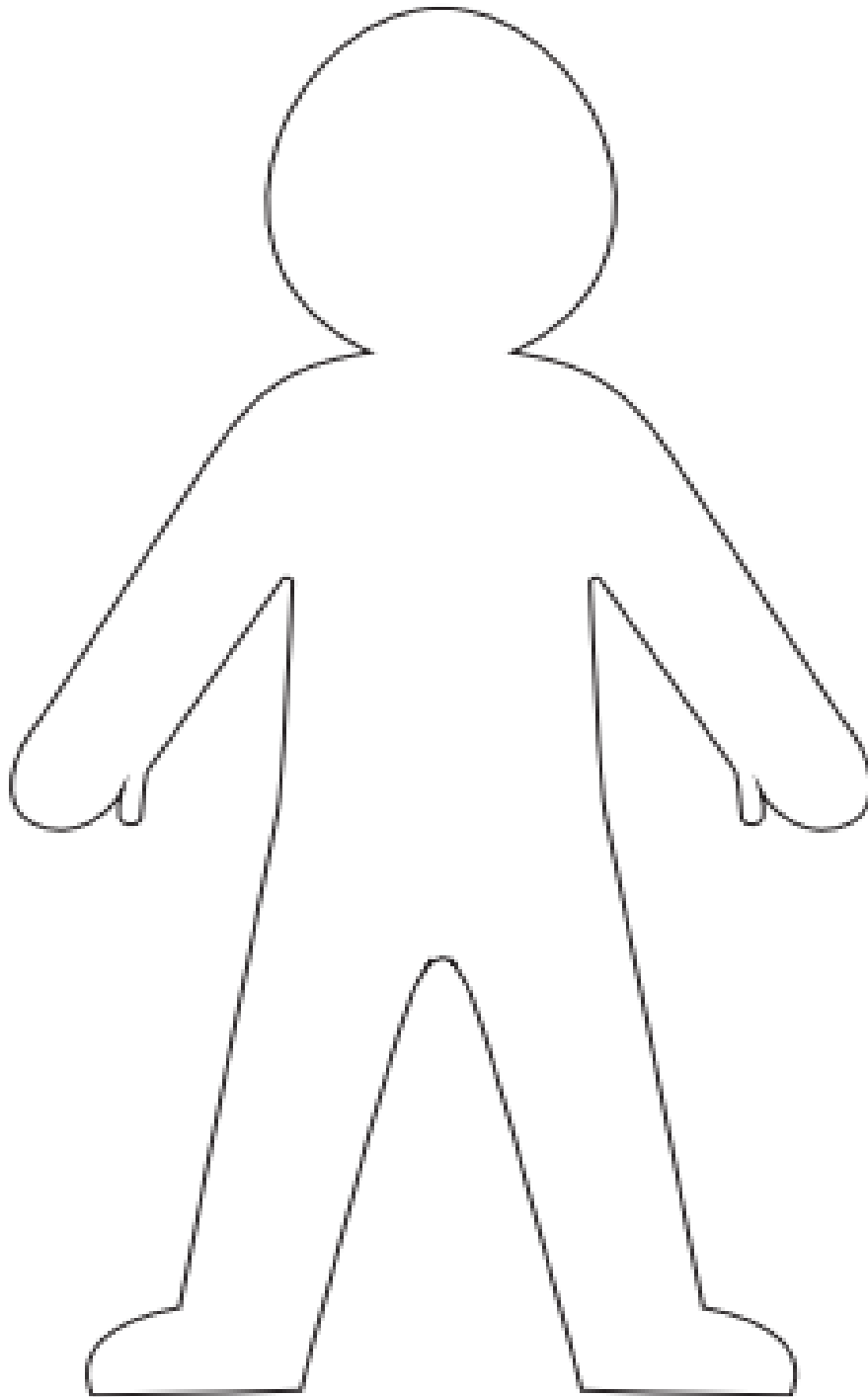
Similar	Dissimilar
2 legs	beak

Name _____

Date _____

TEAM UNIFORM

Imagine you are going to represent your country at an international sporting event.
Design a uniform for your team to wear during the event.



Year 1 & 2 Worksheets

